



Healthy Foods in Your Corner Store!

The Food Trust's Healthy Corner Store Initiative is partnering with corner stores in your neighborhood to bring healthy food to a store near you!



Next time you're at the store, look for food items that meet the following Healthy Food Guidelines:

- Fresh fruits and vegetables
- Packaged fruits and vegetables in 100% juice
- Canned or frozen fruits & vegetables in 100% fruit juice or low sodium(290 mg)
- Low-fat or 1% milk
- Low-fat yogurt
- All cheese except American
- Whole grain bread, pasta, brown rice, cereal and tortillas
- Lean cuts of meat (beef, pork)
- Poultry (chicken, turkey)
- Eggs
- Dry beans, peas and soybean products (ex. lentils, pin-to beans, chickpeas, tofu)
- Fish (salmon, tuna, shrimp)



Look for this symbol in the window to identify stores that are part of the Camden Healthy Corner Store Network and have added new healthy products .



Stores in the Camden Healthy Corner Store Network have signs throughout the store to help you make healthy choices.

Check out the map on the back for the location of your nearest Healthy Corner Store or tell your local corner store owner to contact Bo Banwo at 215 575-0444 ext. 198 or bbanwo@thefoodtrust.org to join the network.

Camden Healthy Corner Store Network

North Camden Corner Stores

Arecibo Grocery Store	900 N. 4th Street
Erie Street Mini Mart	503 Erie Street
Fritz's Mini Mart	835 N. 7th Street
La Dominicana	901 N. 7th Street
Litwin Food Market	801 N. Elm Street
Sasha's Mini Mart	839 N. 4th street
La Compadres Grocery Store	639 N. 6th Street

Parkside, Lanning Square, Bergin Square Corner Stores

Jennifer Grocery	1400 Rose Street
Los Amigos Grocery	500 South Broadway
Dominquez Grocery	1132 S. 3rd Street
Rosemary Mini Mart	556 S. 6th Street
Freddies Groceries	625 White Street
Riverfront Food Market	132 Mickle Blvd.
Inoa Food Market	800 Haddon Avenue
Sarah Grocery	1001 Langham Avenue
Neighborhood Food Market	15050 Kenwood Avenue
Parkside Food Market	1123 Haddon Avenue
Fayers Supermarket	1400 Haddon Avenue
Ferry Avenue Supermarket	105 Ferry Avenue

