**Please join US!**

**Tobacco-Free for a Healthy New Jersey, City of Trenton Public Health Deparment, and Hunterdon & mercer County Chronic Disease Coalition need your help!**

**What:** Join us to advocate for City of Trenton Smoke-Free Parks and Recreational Areas

**When:** Thursday, March 5th

**Time:** 5:30 pm

**Where:** Council Chambers City Hall 319 E. State St. Trenton, NJ 2nd Floor

**WHY:** TO IMPROVE HEALTH FOR TRENTON RESIDENTS

Studies show that concentrations of outdoor Secondhand Smoke can equal indoor levels (NJ GASP, 2012). Additionally, for children and older people with asthma and/or heart conditions, even small amounts of cigarette smoke in outdoor areas can have dangerous consequences.

Secondhand smoke is not the only reason to pass such an ordinance. Other reasons include:

* Establishing smoke-free environments as the norm; the fewer adults that children see smoking, the less likely they are to pick up a cigarette
* Eliminating the concern of discarded cigarette butts that are ingested by small children and animals
* Reducing accidental fires
* Reducing litter-related clean-up costs

**PLEASE JOIN US ON MARCH 5TH. If interested, please contact Amanda Medina-Forrester, at 908-237-2328 or medina.amanda@hunterdonhealthcare.org**